

KINGS RIPTON COMMUNITY DEFIBRILLATOR (cPad)

With grateful thanks for a grant from the National Lottery Community Fund, and with the assistance of the Community Heartbeat Trust, Kings Ripton Parish Council have been able to purchase a community defibrillator which has been installed in the village. The defibrillator has been installed at the entrance to Glebe Farm, under the watchful eye of the farm's CCTV camera and has been registered with the local ambulance service. Notices have been posted at the village notice board and inside the phone box to direct users to its location. The defibrillator will be checked on a regular basis to make sure it is in service and ready for use in an emergency. Please be vigilant if you spot anyone tampering with the defibrillator and inform the Clerk to the Parish Council.

A defibrillator is a device that gives a high energy electric shock to the heart of someone who is in cardiac arrest. This high energy shock is called defibrillation, and it's an essential part in trying to save the life of someone who's in cardiac arrest. For every minute that a person in cardiac arrest goes without being successfully treated (by defibrillation & CPR), the chance of survival decreases by 23%. Emergency vehicles are likely to carry AEDs but may not arrive in time which is how a community defibrillator can save lives.

You don't need to be trained to use a defibrillator - anyone can use it. There are clear instructions on how to attach the defibrillator pads. However, the Community Heartbeat Trust have offered a training session to the community, this will be held at the Village Hall, date to be confirmed.

4 steps to take if someone is having a cardiac arrest

Cardiac arrests can happen to anyone, at any time. The following steps give someone the best chance of survival. If you come across someone in cardiac arrest:

- 1. Call 999
- 2. Start CPR
- 3. Ask someone to bring a defibrillator if there's one nearby
- 4. Turn on the defibrillator and follow its instructions.

